



חזק חזק ונתחזק

Together

MAY WE BE **STRENGTHENED**

Shabbat Shalom!
TBE-mail for July 17 - July 23, 2020
25 Tammuz - 2 Av 5780

TBE THIS WEEK



Parshat Matot-Masei

Numbers 30:2 - 36:13

Triennial: Numbers 30:2 - 31:54

Haftarah: Jeremiah 2:4 - 2:28; 3:4

JTS Torah Online

Friday, July 17

8:00am [Virtual Morning Minyan](#)

8:07pm Candle lighting time

Saturday, July 18

9:30am [Shabbat Morning Services](#)

9:15pm Havdalah

Sunday, July 19

8:00am [Virtual Morning Minyan](#)

Monday, July 20

8:00am [Virtual Morning Minyan](#)

Tuesday, July 21

8:00am [Virtual Morning Minyan](#)

Wednesday, July 22

8:00am [Virtual Morning Minyan](#)

10:00am [Coffee Klatsch with Rabbi Braun](#)

Thursday, July 23

8:00am [Virtual Morning Minyan](#)

HIGH HOLIDAYS SURVEY

Rabbi Braun and the High Holiday Steering Committee have been hard at work, trying to figure out what High Holiday services will look like this year and they want your input! The survey will take between 5-10 minutes and will help the committee focus their planning efforts.

If your household has more than one person, please have each individual submit a response. If you prefer to complete the survey by phone, please call (207) 774-2649 and leave a message with your name and

contact information or email office@tbemain.org so that we can arrange for someone to give you a call.

Please only take the survey once.

Deadline for submissions is this Sunday July 19.



[Click Here to Take the Survey](#)

RABBI'S THOUGHTS

Recently, a song which I've known since 1968 came back to me, and it won't leave my mind. I am haunted by the chorus:

There's grievin' in the country
There's sorrow in the sand.
There's sobbin' in the shanty
And there's anger in the land.

Right now in our country, there is grieving, sorrow, sobbing, and, almost most importantly, there is anger. Individual and collective hurt and anger impairs our ability to be compassionate, to listen, and to give each other the benefit of the doubt (*dan l'chav zechut*). Now, "politics" are not my job. We may not agree what *is* and what *is not* political in a synagogue context, but I know that my expertise is not in the political realm. What I do think we all can agree on is that we are hurting, our country is hurting, the world is hurting, and even the land is hurting. I see a great need for healing because of this tremendous hurt. My expertise is in healing, and healing is very much a part of my job.

It is almost cliche to say that our society is polarized, but it is. Sometimes, too, is our own little community here at TBE. And that hurts, too. I am told that some don't feel comfortable in our "liberal" environment, that there isn't a place for a diversity of opinion. I am told that if we don't take a stand, or if we *do* take a stand, it is too little or too much. I expect that many of our disagreements come from the need to make some sense of a world that is changing rapidly. My job is, in part, to help us make some sense out of things and to apply our consistent Jewish values to our current situations. On that point, there will be some that agree and some that disagree, and I am comfortable with that. What makes it challenging, though, is when agreement or disagreement becomes discomfort, or a feeling of not fitting in. I don't know if I have an answer to that, but I'd like to find one.

Read the rest of Rabbi's piece in the [VirtSHUL](#).

THIS WEEK

Saturday, July 18 at 9:30am

Temple Beth El Shabbat Morning Services

Saturday, July 18
9:30am

Via Zoom



<https://zoom.us/j/93210520745?pwd=SFhvc3Z2ajlZeFB2clc3MG1CcDhudz09>

Wednesdays through July



Coffee Klatsch
WITH RABBI BRAUN
Wednesday mornings from 10 - 11 AM
Pop in for company and conversation.

<https://zoom.us/j/96643311953?pwd=bmZQOS81QIRIWW9mNGsxbWRzYXpCdz09>

TBE NEWS



inspiring Jewish education

Registration for 5781

"Kadima" means forward, and reflects our striving to help today's families bring the vibrancy and relevance of the Jewish tradition forward into their lives. KBE recognizes and cherishes the diversity of its learners and welcomes all kinds of Jewish families.

Registration is open for Kadima Beth El and Hebrew High for 5781 (2020-2021)!

While there is tremendous uncertainty about the fall, we are committed to providing a full year of Jewish education to our families. The first day of school is Wednesday, September 9, with a Welcome Back Sunday on September 13.

The scholarship and early bird registration deadline has been extended to Friday, August 14, to allow us all time to learn more and adjust accordingly. But the school year is happening, so if you're committed to participating, register now!

We've also deeply discounted the PreK-Kindergarten class to encourage new families to enroll, even in this climate of uncertainty. Don't let your child miss out!

For more information, contact Abby Halpern at education@tbemaine.org.

[Register Now](#)

The Summer Shofar
has arrived!
All TBE members should have
received a copy in the mail.
To read an online version
[CLICK HERE](#)



Would you like to borrow a Siddur?

Several congregants have asked if they can borrow a Siddur Lev Shalem to use during Zoom services. If you are interested in having a prayer book at home until we are able to meet again in person, please contact the [office](#) and we can arrange to get one to you.

A complete guide to all current TBE programs and resources, as well as recommended opportunities from around the Jewish community can be found [here](#):



[July Simcha List](#)

MAZEL TOV

We are beaming with pride to share this press release from the Jewish Cemetery Association of North America announcing that Beth El Memorial Park's Cemetery Director and TBE's Controller, Sherri Quint has been elected to the position of Chair of the Board. Read the press release [here](#).

Mazel Tov to Adam and Lisa Arens on the birth of their grandchild, Eleanor Brooke Arens, born at 3:01am on July 13, 2020. Welcome baby Eleanor!

ZOOM LINK CENTRAL

In recent weeks we've added more security measures to safeguard our online gatherings and for most programs we are only including participation links here in the TBE-mail (not posted publicly). You may also request assistance with Zoom link information by emailing office@tbemaine.org.

Here is a list of links to upcoming programs:

[Virtual Morning Minyan](#) - 8am daily, except Shabbat and Yontif
<https://zoom.us/j/98421974937>

[Coffee Klatsch with Rabbi Braun](#) - Wednesdays at 10am through July
<https://zoom.us/j/96643311953?pwd=bmZQOS81QIRIW9mNGsxbWRzYXpCdz09>

[Shabbat Morning Services](#) - Saturdays July 18 and August 15 at 9:30am
<https://us02web.zoom.us/j/93210520745?pwd=SFhvc3Z2ajlZeFB2clc3MG1CcDhudz09>

[Statewide Shabbat Services](#) - Friday July 31 at 6:30pm
<https://colbycollegejewishlife.regfox.com/july-31-statewide-shabbat-services>

[Shabbat Niggun](#) - Friday August 7 at 5:30pm
<https://us02web.zoom.us/j/87394261477?pwd=cW5PTUlwa1RIZW92ckYxUWhoa0t4QT09>

[Spirits and Spirits](#) - Thursday August 13 at 5:30pm
https://zoom.us/j/228515480?pwd=R3Z2NzdjeDJSR2lvYkE5Q3VSN2R0dz09&fbclid=IwAR14KVH-w8VSt2W7IMkt0vkXNjxjO6r9_iXqsZBPnhVKWbIA-_0moZjCbjU

YAHRZEITS



Please note that during this period when we are not able to gather together for regular Shabbat services, yahrzeits being observed by TBE members will be read at morning services Sunday - Friday at 8:00am. You can join the Virtual Morning Minyan on Zoom by clicking [HERE](#), or using the Zoom Meeting ID 98421974937

Saturday, July 18 / 26 Tammuz
Helen Goldfarb
Murray G. Reuben

Sunday, July 19 / 27 Tammuz

Bernard Gleit
Irving Goldberg

Monday, July 20 / 28 Tammuz

Carl Brinkman
Gisela Davidson

Tuesday, July 21 / 29 Tammuz

Maurice Kane

Wednesday, July 22 / 1 Av

Sylvia Leveille

Thursday, July 23 / 2 Av

Anne Berman
Gene Cohen

Friday, July 24 / 3 Av

Philip Schiffman
Lillian Shulman

Temple Beth El | 400 Deering Avenue, Portland, ME 04103

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